

Respect Your Partner's Privacy...

Each of us has a history that began long before we got married. Some people have special mementos that have been collected, saved and cherished all across the years. Your spouse might be one of those people. If you're baffled by their need to hold onto the past, don't try to make them feel childish or foolish. Instead, respect your mate's sense of nostalgia without feeling threatened or left out.

Does your partner still settle down now and then and look at the pictures and inscriptions from their high school yearbooks?

Have you caught a glimpse of an old diary or journal?

Do they still have love letters left over from past relationships?

If you're lucky to have a mate that's willing to share these memories and pieces of the past with you, be grateful.

However, if they're a little less open with these mementos or want to keep them private, respect their privacy. Don't sneak out in the garage while they're at work and rifle through their boxes of memories. Don't read and memorize lines from the love letters and then grill them about the relationship.

There's no need to feel threatened by your mate's past, even if they still cherish memories that you aren't a part of. That's just the way some people are.

Don't take matters in your own hands by betraying their trust and snooping through their stuff. Await an invitation. And if an invitation never comes, accept and respect that fact and try your hardest not to dwell on it.

Like an archeologist at the dig of the century, these things are your partner's own sacred artifacts. Treat them with the honor and respect they deserve!

Kathy Stafford, Relationship Coach

“I show singles how to get married and couples how to STAY married”

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Do you go from one failed relationship to another? Do you want to find that special life partner? Get Kathy's new book, “Relationship Remorse: Mistakes Women Make When Shopping for a Man.” and learn the right way to find a loving and committed life-partner. Order the book at <http://www.relationshipremorse.com>

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